

First Coast Post Polio

August-September

Northeast Florida Chapter
Jacksonville, Florida

2005
Vol: 8 No.5

PICTURES FROM "THE IRON LUNG TORCH RUN" on June 8th in Jacksonville, FL.

NEXT MEETING:

Board Members Only, Aug 25 at Perkins Restaurant at 12:00 pm.

September Meeting will have Dr Mark Hofmann as our quest speaker. I will need R.S.V.P. on this one. Please Call (904) 333-3457 for reservation seating. We will only be able to accommodate 60. Call by Aug 31. Thank You

THIS ISSUE:

Page 3 Look for an article on our very own Stuart Chaplin

Rotary w/ Iron Lung Torch Run

Registration Form for Post-Polio Conference 2005



Pictured above left to right:

Theresa Edwards, Christie Rodgers (Jaguar cheerleaders), Macke Weaver, Past District Governor Wilson Smith (Chair of the Polio Plus Committee), Ron Weaver, Wayne & Delores Weaver, District Governor George Banning (chair of the Iron Lung Torch Run Committee), District Governor Elect Doug Palonder from Rotary Club of Clearwater East (vice chair of the Iron Lung Torch Run committee), Ken Smallwood, Valerie Mahoney & Missy Gallup (Jaguar cheerleaders).



Rotary Committee:

Earl Halle Orlsmar/Easltae & President of North American Chapter of International Rotarians,
Mike McCrary President Auburndale Rotary ,
Janice Askwith Vice President First Coast Post Polio,
Doug Palonder, District Governor Elect.,
George Banning, District Governor,
Vince



Janice Askwith, Vice President of First Coast Post Polio seen here with the Rotary Gentlemen traveling with the Iron Lung to Chicago. The day was hot but all endured for the cause. Thank You All.

The event celebrating Rotary raising over \$600,000,000 in funds, with District 6970 accounting for over \$1,000,000 in the last three years alone. Was a success. Our Thanks to the Rotary for all their hard work and individual time each person spent on this great event for the eradication of polio. Polio still has to be eradicated in Nigeria and the work is still in progress. Before we can be polio FREE we need it eradicated so 30-40 years later their will never again be "Post Polio Syndrome". Until then there is still a lot of work to do.

“All pictures were taken in front of Alltel Stadium home of The Jacksonville Jaguars!”



District Governor George Banning
Vice President Janice Askwith First Coast Post Polio
District Governor Elect Doug Palonder from Rotary Club of Clearwater East

I don't know who was redder me or the sun when asked to raise my skirt to show off my brace for this picture. Oh what we'll do for a little fame.. Janice



Southpoint Rotary Club presenting check to
Doug Palonder, unknown, Bob Hervey (white shirt & tie), Past President Rob Hoenshel (blue pants with fish), George Banning District Governor.



Vice President Janice Askwith First Coast Post Polio and
Wayne Weaver Owner of The Jacksonville Jaguars



Past District Governor Wilson Smith
(Chair of the Polio Plus Committee) holding
check next to Wayne & Delores Weaver

Looking on are Macke Weaver and his father
Ron Weaver (on left)

District Governor Elect Doug Palonder from
Rotary Club of Clearwater

District Governor George Banning (chair of the
Iron Lung Torch Run Committee)



**GREAT JOB ROTARY!
THANK YOU FOR CARING...YOUR FRIENDS AT
FIRST COAST POST POLIO SUPPORT GROUP
JACKSONVILLE, FL.**

One of Our Own... Orange Park athlete beats opponent and asthma

By STEPHEN KINDLAND
Sports editor

Not even a severe asthma attack could stop Stuart Caplin from claiming his second national table tennis title this year, but the Orange Park man's valiant effort last weekend left him wondering if he'll be able to compete in next week's Pan-Am wheelchair games in Argentina.

With sheer determination, Caplin willed himself to an 11-6 victory over 2004 U.S. Olympic wheelchair team member Jennifer Johnson in the fifth game of a best-of-five finals match to capture the U.S. Open championship last Saturday in Fort Lauderdale.

"I had a difficult time breathing," Caplin said. "I couldn't even raise my hand it got so bad. I almost had to forfeit the match."



The retired obstetrician, who earlier this year won a U.S. Open tournament for American players only, reached the finals after zipping through five single-elimination matches in a tournament that drew players from around the world.

Caplin already had earned the right to represent the U.S. in the Pan-Am games, but after his exhausting, 45-minute match against Johnson, he remained undecided about whether to risk traveling to South America. He said he would need to make up his mind by Monday, and that his decision will depend on whether his current medications will help him to manage his condition.

Stuart Chaplin
Board of Directors
First Coast Post Polio

"If I can't breathe I can't go," Caplin said.

Unfortunately, he said, Prednisone -- the drug that helps him the most -- is banned by the Olympic Anti-Doping Committee, even for wheelchair-bound athletes.

"It's a steroid," Caplin said. "I only take it when nothing else helps."

Such was the case when he played Johnson, who traveled to Athens last year to compete in the 2004 table tennis games. Johnson used a type of paddle that countered the top spin Caplin placed on most of his shots, which not only made it difficult for him to anticipate the direction of her returns, but caused him to expend precious energy.

"I pulled it out but it wasn't good," Caplin said. "I tried to keep the same strategy I always do, but she returned my top spin with a chop. It was very hard for me to get up the energy to overcome it, but I was able to."

Caplin also won the doubles title, teaming with Jon Redmon, the same partner he drew to place second in the closed version of the U.S. Open doubles tournament in Las Vegas earlier this year.

Our Thanks to **STEPHEN KINDLAND**, *Sports editor for the permission to use this article.*

We at First Coast Post Polio Are proud and honored to have Stuart Chaplin on our team.

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Our Guest Speaker for Sept. 15th Thursday will be..

Mark C Hoffmann M.D.

R.S.V.P. Please (904) 333-3457
Only seating for 60 people. Leave a message.



Come on Over...

Next Meeting: September 15, 2005 on Thursday

Place: Perkins

At the corner of Beach Blvd and San Pablo Rd
(Go east on Beach past San Pablo Road,
Restaurant on left with huge American Flag)

Phone: (904) 333-3457 — R.S.V.P. Please

Time: 12:00 Noon -till....

Please come as we would love to meet all of you.

Mangosteen Juice Distributors Needed!

Contact: Madelon Sprouse

She looking for a distributor in your area.
If you are interested please call her at:

(904) 721-0777

Program Chairperson & Recording Secretary needed.

Please won't you consider yourself for this very gratifying job?

JUMP RIGHT IN ! WE NEED YOU!



We would like to thank the "March of Dimes" for providing the mailing of this news letter for First Coast Post Polio.



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Sunshine committee *Janice Askwith*

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